

*Resource Guide
for*



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Counseling/Medical Resources

A Home Within

214-302-0392

www.ahomewithin.org

Will:

- Provide one therapist per child for as long as the child needs therapy free of charge.
- Help the child to recover from trauma, grief and loss.
- Support youth to transition from the foster care system into healthy, independent living.
- Treat mental and emotional health needs such as depression, anxiety and attachment issues.
- Create a stable, caring adult connection that can last beyond a child's time in foster care.
- Help the child become ready to establish permanence and feel "at home."

Anthem Strong Families

214-426-0900

www.WeSaveFamilies.org

Provides education and skills that support families and children.

At the Table Counseling

214-684-5867

www.atthetablecounseling.com

Provides individual, group, and family counseling and therapy.

Autism Treatment Center

972-644-2076

www.atcoftexas.org

Provides services to children and adults with autism.

Betty Cannon, LPC

214 537-9297

Provides individual, group, and family counseling/therapy.

Betty Ford Center Five Star Kids

972-751-0363

www.bettyfordcenter.org

Provides drug and alcohol treatment.

Bread of Life Ministries

972-388-6306

Provides free counseling, mentoring, and parenting.

Brief Therapy

214- 941-1650

Provides individual, group, and family counseling/therapy.

Catholic Charities

214-520-6590

www.catholiccharitiesdallas.org

Provides:

- Elderly and Family Services
- Refugee and Empowerment Services
- Immigration and Legal Services
- Children & Adoption Services and Community Outreach

CCA Behavioral Health:

214-946-3676

www.counseling-consulting-assessment.com/

Provides individual, group, and family counseling/therapy.

Center for the Elimination of Disproportionality & Disparities

www.hhsc.state.tx.us/hhsc_projects/cedd/services-resources.shtml

CEDD@hhsc.state.tx.us

Provides technical assistance in examining data by race/ethnicity and developing data-driven strategies using anti-racist principles and practices that result in improved outcomes for vulnerable populations. The center is available to help with:

- Conducting webinars, conferences and symposiums
- Facilitating and coordinating training
- Providing technical assistance and support for conversations on race and institutionalized racism
- Providing leadership development
- Conducting organizational assessments

Children's Medical Center - Child Passenger Safety Educators

214-456-1870

Provides child passenger safety seat education

Community Partners of Dallas County, Inc.

214-624-7557 or

214-331-7703 (CPS Community Partners Coordinator, Angela Rivers)

www.cpdtx.org

Provides goods and services for youth that are in-home, in relative care, and those who are being transitioned into foster care as well as support to Child Protective Services staff.

Community Council of Greater Dallas

214-871-5065

www.ccgd.org

Provides programs for youth, adults and grandparents raising grandchildren.

Compliance Consortium

DATA.services.ccc@nodope.net
Provides drug testing services.

Dallas Association of Parent Educators (DAPE)

972-699-4220
www.dallasparents.org
Provides parent education services.

Dallas CASA

214-827-9603
www.dallascasa.org
The ultimate goal is to help ensure that all of the children in protective care find safe, permanent homes where they can thrive.

Dallas County Child Welfare Board

To organize state and local public welfare services for children and their families as well as to coordinate the use of federal, state, and local funds for these services. The activities of the CWB includes but is not limited to:

- Reviewing existing programs to ensure that families and children are served
- Assisting PAs in obtaining community involvement and resources
- Ensuring that Dallas County funds delegated to CPS are used for their intended purpose

Dallas County Parent Collaboration Group - Parents Empowering Parents

214-636-1003 (Gwen Yates) or 214-529-9626 (Duane Yates)
www.dfps.state.tx.us/Child_Protection/Parent_Collaboration_Goup/
Provides a mechanism to include biological parents in the design, implementation, and evaluation of the CPS program. The initiative encourages collaboration with clients who are affected by the CPS services delivery system and provides a unique perspective on how to improve services to families and children.

Dallas Independent School District

Child Abuse and Domestic Violence Prevention Office

Provides child abuse and domestic violence support services to DISD staff, students and families. Partners with DFPS to address CPS related issues.
Phone: (972) 502-4182
www.dallasisd.org

Deep In the Roots Hair Salon

www.deepintheroots.com

Collaborates with CPS to provide a limited number of basic natural hair care services for foster youth ages 3 ½ to 18 years. To schedule an appointment or for more information, please call Angela Rivers at 214-331-7703.

Destiny Unfolding, Inc/CornerStone Church

214-281-9714 or 214-428-5468

Provides services to promote the independence of specific populations.

ELEOS Community

940-323-8840 office

940-600-2929 cell

www.eleoscc.com

Provides nursing and therapy care to children in the North Texas region.

Enlightment Counseling Services

972- 243-9500

Provides individual, group, and family counseling.

Family & Child Guidance Center

214-956-3555

www.childrenandfamilies.info

Provides:

- Individual, group and family counseling/therapy
- Accessible mental health services to strengthen children, families and communities

Family & Leadership Empowerment Network

214-928-9494

www.flenonline.com

Provides parenting, mediation services and individual, group, and family counseling through its affiliate, Leadership Living, Inc.

Family Care Connection

972-298-3399

Provides prevention and early intervention family strengthening services at no cost to families. “Success for Life” provides case management, and in-home and group parent education to expectant and parenting teen and young adult parents.

Family Compass

(formerly Child Abuse Prevention (CAP) Center)

214-370-9810

www.childabusepreventioncenter.org

Provides parent education and mentoring for at-risk children and families.

Family Outreach – Dallas

214-321-6292

www.familyoutreach-northtexas.org/dallas

Provides in-home visitation programs, parenting at no fee to state or the family

Family Promise of Irving

817-846-1873

www.familypromiseirving.org/home/

A faith-based non-profit ministry that supports families who are experiencing homelessness as they search for new jobs, undergo job training, and obtain permanent housing.

Friends of Wednesday's Child

972-231-1433

www.wedchild.org

Steps in to help make the children's life in foster care a productive, nurturing experience, and to ensure that their needs are met. FWC is the only organization that provides funds to fulfill the specific needs of North Texas foster children when no one else can or will so they are able to have as normal a childhood as possible.

Galaxy Counseling Center

972-272-4429

www.galaxycounseling.org

Provides individual, group, and family counseling, play therapy, and anger management classes.

Genesis Women's Shelter

214-389-7700

www.genesisshelter.org

Provides shelter, safety, counseling and services to battered women and their children.

Giving Texas Children Promise

(formerly Greater Texas Community Partners)

214-824-4591

www.gtcp.org

Provides support to local groups who supplement and provide support to children involved with CPS.

Green Oaks Hospital

972-991-9504

www.greenoakpsych.com

Provides mental health and addiction services for adolescents, seniors and adults.

Hannah's House Supervised Visitation Center

972-570-3770

Provides parenting, anger management and other services to adults.

Hickory Trails Hospital

972-298-7323

www.hickorytrail.com/

Provides mental health and chemical dependency program and services.

Insight Counseling Services

Provides individual, group, and family counseling/therapy.

Jewish Family Services

972-437-9950

www.jfsdallas.org

Provides individual, group, and family counseling/therapy, career services, food bank, emergency assistance, and family violence prevention.

LaunchAbility

972-991-6777

www.Launchability.org

Early childhood intervention services and more.

Letot Center

214-956-2036

www.dallascounty.org/department/juvenile/letotcenter.html

Provides an educational setting for at-risk juveniles.

Lynda Johnson, LPC

469-600-5056

Provides individual, group, and family counseling/therapy.

Methodist Children's Home

972-480-8772

Variety of services for children and families.

MetroCare Services of Dallas

214-333-7000

www.metrocareservices.org

Provides early childhood intervention services and more.

Mexican Consulate of Dallas

214-932-8670

Provides support for individuals with visa regulations and passport requirements.

Mosaic Family Services

214-821-5393

www.mosaicservices.org

Our programs work together to provide a continuum of care for refugees and immigrants.

Also provides the following:

- Family Violence and Human Trafficking Case Management
- Mosaic House
- Multicultural Legal Services
- Immigrant and Refugee Counseling
- Multicultural Children's Advocacy
- Refugee Case Management Services
- Multicultural Youth Substance Abuse Prevention Program
- HIV Early Intervention Program

New Beginning Center

972-276-0423

Provides family violence support services to include crisis intervention, counseling, shelter, education, and advocacy.

New Connections

214-645-0914

www.uta.edu/ssw/adacemics/centers-and-programs/new-connections-programs

Provides prevention and recovery support services for drug involved families, families in recovery, and families involved with the court system or with CPS. All programs used evidenced-based curriculums.

Parkland Victims Intervention Program

214-590-2926

www.parklandhospital.com/medical_services/vip Rape Crisis/

Provides victims with intervention and rape crisis services to people who have experienced family violence, intimate partner violence or sexual assault.

Promise House

214-941-8578

www.promisehouse.org

Embraces homeless, runaway and at-risk teens, giving them needed support, encouragement and hope to live a better life.

Provides nine programs to cover the vital needs of teens, including emergency shelter, transitional living, pregnant and parenting teen services, individual, group and family counseling, substance abuse prevention and education, street outreach and educational intervention.

Positive Influences

469-227-7847

www.positiveinfluences.org

Provides:

- Individual Counseling
- Family Counseling
- Play Therapy
- Psychological Evaluations
- Psychosocial Evaluations (no waiting list)
- Substance Abuse Evaluations
- Substance Abuse Counseling
- Parenting Classes (parents financially support)
- Therapeutic Family
- Visit Supervision

Stella Rodriquez

469-682-4145

srodriquez@yahoo.com

Provides individual, family and group counseling/therapy.

Stonegate Behavioral Health

817-705-1586

www.stonegatecounseling.com/kyle.php

Provides support services for Region 3 foster children with mental health needs.

Superior Health Plan Network - STAR Health

1-866-912-6283

<http://www.superiorhealthplan.com/>

Provides medical, behavioral health, dental and vision care to most children and youth in DFPS conservatorship.

Texas Alliance for Drug Endangered Children

214-522-8600, ext. 256

www.texasdec.org/about.html

Advocates for intervention on behalf of children in volatile drug environments and assists communities in building collaborative, multidisciplinary Drug Endangered Children (DEC) alliance.

TAIMH-Texas Association of Infant Mental Health

972-906-2696

www.taimh.org

Provides information, support services and training to the public, policy makers, individuals, groups and caregivers who provide services to infants and toddlers and their families.

Texas Health Steps

877-847-8377 (1-877-THSTEPS)

www.dshs.state.tx.us

Focuses on the medical, dental, and case management services to individuals birth through age 20 years.

Texas Muslim Women's Foundation

Hotline: 972-880-4192

Office: 469-467-6248

www.tmwf.org

Provides services to empower, promote, and support women and their families through educational, outreach, charitable and social services.

TexProtects

214-442-1672

www.texprotects.org

Mission is to reduce and prevent child abuse by educating and organizing its members to communicate with government officials, public and private funders, and the public-at-large about the need for increased investments in research-based best practices of child abuse prevention programs, CPS reforms, and treatment programs for victims of abuse.

The Family Place

214-358-0381

www.familyplace.org

Provides family violence support services through crisis intervention, counseling, shelter, education and advocacy.

Therapy Dallas

214-755-6119

www.therapydallas.com

Provides individual and family-based treatment for children, adolescents, and adults.

The Warren Center

972-490-9055

www.thewarrencenter.org

Provides specialization in early childhood intervention services for infants, toddlers, young children and their families.

Therapy Dallas

Provides individual, group and family counseling/therapy.

Timberlawn

214-381-7181

www.timberlawn.com

Offers a comprehensive range of care for children, adolescents and adults with psychiatric or substance abuse problems.

Trauma Support Services of North Texas

972-709-4904

www.tssnt.org

Provides:

- Individual therapy
- Family therapy
- Group therapy
- Education Groups

Women Infant & Children's Program (WIC)

800-942-3678

www.dshs.state.tx.us/wichd

Helps pregnant women, new mothers and young children eat well, learn about nutrition, and stay healthy. WIC provides nutrition education and counseling, nutritious foods, and help accessing health care to low-income women, infants, and children.

Wee-Care Pediatric Home Health, LLC

Referral Line: 972-235-9155

Community Outreach: 817-538-3209

www.wee-carepediatric.com

Provides services from birth to 21 years in the child's home, foster home, or day care serving Dallas, Tarrant, Ellis, Denton, Rockwall, Collin, Hunt and Kaufman counties. Accepts Traditional Medicaid, Parkland HealthFirst, Parkland KIDS, Superior, Molina Health Plans of Texas.

Rental Assistance in Dallas, Texas

Renters in the Dallas area, as well as throughout the county, have dozens of non-profit organizations and charities that they can call for help with paying rent and eviction prevention assistance. Some are non-profit organizations, and others are funded and supported by the federal government and/or the state of Texas.

Dallas Section 8 Rental Assistance Program - It was created by the Housing and Urban Development (HUD), and the non-profit agency that runs the program provides rental assistance and cash grants to low-income and the working poor households in Dallas County Texas. Call 214.819.1871.

Dallas County Emergency Rental Assistance/Welfare Program - This resource can provide renters in the area with short to medium term rental assistance. Aid is offered to the disabled and indigents in the local community who do not yet receive workers compensation, social security, or other state or federal government disability benefits. Dial 214.819.2000 to learn more.

Rent help from Dallas agencies, non-profits, and charities

Balch Springs HAP

Balch Springs Texas
(972) 557-6066

Catholic Charities of Dallas, Inc.

Regardless of your faith, this church organization can provide residents with information on various housing programs, and also emergency rental assistance when funding allows.

Dallas, TX
(214) 520-6590

City of Dallas

Dallas, TX
Phone number -(214) 670-3297

City of Dallas Department of Housing

This government office administers the section 8 housing voucher program, and can direct low income families and individuals to both federal and state of Texas rent assistance programs and options.

Dallas Texas
Call - (214) 670-5988

Dallas County HAP

Dallas
(214) 819-1871

Dallas County Planning and Development

Dallas Texas

Dial for help - (214) 819-6060

Dallas Housing Authority

A HUD approved counseling agency. Counselors can both help renters avoid an eviction, as well as provide free foreclosure and landlord/renter counseling and mediation.

Dallas Texas. The office is on 3939 N. Hampton Road.

Call - (214) 951-8467

Emmanuel Community Center

Phone - (214) 824-8613

Social Services and rental help are administered. Apply now.

Garland Housing Authority

The section 8 agency for the Garland area.

Garland, TX

(972) 205-3393

North Dallas Shared Ministries

2875 Merrell Road

Dallas, TX 75229

214-358-8700

Call this non-profit to get more information or to learn where apply for help with paying security deposits as well as funds for emergency rental expenses. A pre-screening and application process may be in place.

City of Garland Neighborhood Development

Garland Texas

(972) 205-3310

City of Grand Prairie Department of Housing and Neighborhood Services

Grand Prairie Texas

Agency phone number - (972) 237-8040

Hope Restoration, Inc.

(214) 421-8300

This organization will work with the low income and indigent in order to get them back on track. They can help meet many needs, including rental assistance.

City of Grand Prairie Community Development

Grand Prairie, TX

Telephone - (972) 237-8166

Greater Grand Prairie Area Housing and Neighborhood Services

Grand Prairie, Texas
Tele - (972) 237-8294

Lancaster Housing Assistance Program

Lancaster TX
Call - (972) 275-1750

Christian Community Action

Community action agencies are always a great resource to learn about rent and housing assistance programs. From time to time they may be able to provide cash and financial aid to help pay rent in an emergency situation. They can also coordinate the homeless prevention and rapid rehousing program for the low income and people facing a crisis.

Lewisville Texas
Telephone - (972) 219-4353

USDA Rural Development - McKinney Office

McKinney Texas based
Call - (972) 542-0081

Mesquite HAP

Mesquite, TX
Call for financial help - (972) 216-6424

City of Richardson - Housing and Planning Office

Richardson Texas based
Dial - (972) 744-4100

White Rock Center of Hope

Dallas Texas based
(214) 324-8996

The main goal of the center is it can give housing support and rent assistance to Dallas families. The goal of the non-profit White Rock Center of Hope is to provide help, advice, and resources to those people who are trying to help themselves avoid eviction and maintain utility services, which is required for housing.

Food Assistance

Dallas food pantries and banks.

Food pantries, churches, non-profits and regional food banks in Dallas Texas can provide assistance to those people who are faced with a hardship. A number of assistance programs are offered by many churches, local and national not for profit locations and pantries throughout the region. Programs are offered for people of all religions, backgrounds, ages, and gender. Call a food pantry or distribution center in the Dallas area for information on ways to get help, including food, groceries, baby formula, and other aid.

Many of the locations will not turn people in need of help away. Low cost or free food or groceries may be able to be provided to everyone, regardless of their income, background, or financial situation. If a site can't meet your needs then they may offer referrals to other nearby sites or help families sign up for other USDA programs, such as food stamps (Supplemental Nutrition Assistance Program (SNAP)) or summer meals for children.

In some cases the applicant may need to pay a minimal cost towards their food and it will not be free, but everyone can benefit in some form or another. In addition, some of the Dallas food banks can also offer limited financial assistance for bills or other basic need. Or as indicated they can refer individuals to local charities and/or government assistance programs.

Baptist Benevolent Ministries of Irving

Address of food bank is - 114 East 2nd Street
Irving, Texas 75061
Main phone number - (972)254-0973

Brady Social Service Center-Catholic Charities

The food bank can help families in the zip codes of 75204, 75206, 75223, 75226, 75246, 75214, 75149, 75150, 75180, 75181, 75182.
4009 Elm Street
Dallas, Texas 75226
Dial (214)826-8330. Apply for food, and other aid can be provided too for paying bills and living expenses.

Carver Heights Food Pantry

Address - 2510 E Ledbetter Drive
Dallas, Texas 75216
Main phone number to dial for assistance is (214)371-2024

Cedar Hill Food Pantry

Address - 403 Houston Street
Cedar Hill, TX 75104
Main phone number - (972)293-2822

CitySquare

Address - 511 N. Akard St., Ste. 302
Dallas, TX 75201
(214)821-8644

Concord Church- Daily Bread Food Pantry

Location of main center is 6808 Pastor Bailey Drive
Dallas, TX 75237
Phone - (214)331-8522
Meals, food, counseling, and guidance are all available on site.

Cross Family Center-Catholic Charities

4906 Bonnie View
Dallas, TX 75241
(214)376-2560

One of the local Catholic Charity centers. The non-profit is one of the country's largest charity organizations. They help immigrants, low income families with children, the elderly, and people who are seeking help. Free food from a pantry, clothing vouchers, money for energy and other bills, shelter, and more is available.

Crossover Ministry

Residents of 75219 zip code are the only people who can apply for low cost to free food or meals.
Main address - 4231 Maple Avenue
Dallas, TX 75219
Phone number - (214)521-9944. Case managers can also advise families and working poor on SNAP food stamps, energy bill assistance programs, and other government and public resources.

Crossroads Community Services

Food bank address is 1822 Young Street, 2nd floor
Dallas, TX 75201
(214)741-1385

Stop by for food, or other types of support, including referrals or information on government assistance. Some limited financial support may be administered for prescriptions or housing.

Dayspring Family Church Food Pantry

Anyone in need of emergency help for food, who lives in Irving.
618 N. Beltline Road
Irving, TX 75061
(972)399-7729

Distributes free emergency food boxes and referrals. Easter, Thanksgiving, or Christmas baskets of food and meals may be passed out as well, and some may be delivered to the homebound in Dallas by volunteers.

Desoto Food Pantry

Must be a resident of 75115 or 75154 in Dallas County.
302 N. Hampton Road, Desoto, Texas 75115
(972)223-4050

Divine Inspiration Ministries

4325 W. Ledbetter
Dallas, Texas 75233
(214)337-1713

Duncanville Church of Christ

Address of this church/food pantry is 402 West Daniieldale
Duncanville, Texas 75137
(972)298-4656

Duncanville Outreach Ministry

202 Cherry Street
Duncanville, TX 75116
Call (972)-296-4986 for hours.

East Gate Baptist Church

Must live in zip codes in the Dallas area of 75216, 75224, 75232, 75237 and 75241. Those are the only locations supported.
6960 South Polk Street
Dallas, Texas 75232
(214)371-2633

Fair Park Friendship Center

Address - 1321 Rowan Avenue, Suite 102
Dallas, TX 75223
Phone number - (214)826-0018
Hours of food bank are Mon-Fri 9:00am-1:00pm

Family Services Center

Address is 9461 LBJ Freeway

Dallas, TX 75243-0000
Dial 214-389-1340

Call the church for free meals and other aid. There may be financial support, holiday meals, and information on benefits such as SNAP food stamps or soup kitchens.

First Baptist Church-Grand Prairie

Must live in zip codes 75050, 75051, 75052 and 75053.

122 Northeast 2nd

Grand Prairie, Texas 75050

(972)262-5146

Fresh fruits, emergency bags of groceries, meats, rice, and more may be offered to income qualified clients.

Fourth Avenue Church of Christ

Address - 3220 Park Row Avenue

Dallas, TX 75210

Phone number to dial is (214)421-9549

Friendship House

Must be a resident of Carrollton Texas.

2400 N Josey Lane

Carrollton, TX 75006

972-512-3838

Canned goods, Easter, Thanksgiving and Christmas food baskets, snacks for students, and other nutritional support.

Friendship House/ First Baptist Church

Covers a limited area, and individuals who need food must live in zip codes 75040, 75041, 75042, 75043, 75044, 75088 and Sachse Texas.

620 W. Avenue B

Garland, Texas 75040

Telephone number - (972)272-1010

Golden Gate Missionary Baptist Church

1128 Sabine St.

Dallas, Texas 75203

(214)943-5010

Good Shepherd Community Center

Address - Must live in zip code 75212.

4931 Bernal Drive

Dallas, TX 75212

Phone number is (214)638-1688

Call for hours and intake. The pantry may also have baby formula, healthy meals for seniors.

Or get information on thrift stores for personal hygiene items, gently used clothing or furniture, and maybe even diapers.

Good Shepherd Lutheran Church

2620 West Grauwlyer Road

Irving, Texas 75061

Phone number is (972)790-2121

Church has helped dozens of people every month with food, meals, and other services.

Good Street Baptist Church Social Service Center

Address of food pantry - 3126 Hatcher Street

Dallas, Texas 75215

Call (214)421-8208 for information on food programs.

Goodness And Grace Food Pantry

low income residents in zip codes 75104, 75115, 75116, 75137, 75146, 75232, 75134, 75236, 75237 and 75249.

310 South Clark Road

Cedar Hill, TX 75104

(972)293-3700

Goslin Opportunity Center of Cliff Temple Baptist Church

Location is 100 W. 10th St.

Dallas, TX 75208

Telephone number is (214)942-6407

Grand Prairie Food and Clothing Coop

118 NE 4th, Grand Prairie, TX 75050

Dial the food pantry at (972)264-8540

Work clothing, coats, shoes and backpacks for students, and more may be offered to the needy. Food includes fruits, breads, rice, and baby formula.

Grand Prairie United Charities

1417 Densman Street

Grand Prairie, Texas 75051

(972)262-2014

Greater Zion Outreach Ministries

Must meet income guidelines of the North Texas Food Bank.

4751 Hopkins Avenue

Dallas, TX 75209

(214)358-2992

Greenville Avenue Church of Christ

1013 S. Greenville Avenue

Richardson, Texas 75081

Dial the food bank at (972)644-2335

Highland Oaks Church of Christ

10805 Kingsley Road
Dallas, TX 75238
(214)-342-6040

Holy Cross Food Pantry

Serves Dallas County people who live in zip codes 75216 and 75241.
4906 Bonnie View Rd., Dallas, Texas 75241
Phone - (214)375-3715
May also have summer meals for students or lunches, baby formula, information on programs such as Commodity Supplemental Food Program (CSFP), and other support.

Hope Center-MacArthur Church of Christ

1404 S. MacArthur Boulevard
Irving, TX 75060
(972)790-4116

Immaculate Conception Church

Center address - 610 Northeast 17th Street
Grand Prairie, TX 75050
Phone number of this church food pantry is (972)262-5137

Irving Cares

City of Irving residents are the only people that can receive food or other forms of assistance.
440 S. Nursery Road, Ste. 101
Irving, Texas 75060
Call (972)721-9181 for details or referrals.

Jewish Family Service

Location - 5402 Arapaho
Dallas, TX 75248
Pantry phone number - (972)437-9950

Juanita Bailey Christian Life Center The Home of Brother Bill's Helping Hand

3430 Odessa Avenue
Dallas, Texas 75212
(214)638-2196

Lancaster Outreach Center

Pantry address - 1120 Randlett
Lancaster, Texas 75146
Dial (972)227-0138 to find out how to get free or low cost food, groceries, and other aid.

Lighthouse Church of God in Christ

2127 S. Corinth
Dallas, TX 75203
(214)371-2421

MARILLAC SOCIAL CENTER CATHOLIC Charities

2827 Lapsley Street
Dallas, TX 75212
Telephone number - (214)638-4997
Assistance programs include applications for food stamps, WIC, and resource for pregnant moms in Dallas County.

Mesquite Church of Christ Food Pantry

217 South Locust
Mesquite, TX 75149
(972)288-7637

Mesquite SDA Community Services

Address - 300 Paza Drive
Mesquite, Texas 75149
Telephone number - (972)288-0848

Mesquite Social Services

1035 Military Parkway
Mesquite, TX 75149
(972)285-3000
Application site for public assistance such as food stamps, WIC, and TANF. This is in addition to free food, government surplus commodities, and perishable fruits and vegetables. [Click here](#) for more information on government aid.

Methodism's Breadbasket

6211 E. Grand
Dallas, Texas 75223
Phone number is - (214)887-3926

Monte Olivo Free Methodist Church

Address is 3930 Boulder Drive
Dallas, TX 75233
(214)330-5125

Mountain View Church of Christ

Location - 4111 West Illinois
Dallas, TX 75211
Phone number - (214)339-7145

Network of Community Ministries- Richardson Network

Must live in zip codes 75231, 75238, 75240, 75243, 75248, 75251, 75252, 75254, 75042, 75044, 75080, 75081, 75082 and 75083.

Address - 741 S. Sherman Street
Richardson, Texas 75081
Dial the bank at (972)234-8880

Newman Park Christian Center

7922 Fairport Road
Dallas, TX 75217
(214)398-1591

Partners with other churches and charities. Hot lunches and meals for the homeless, seniors, spouses, and others may be served. This is in addition to a free box of food.

North Dallas Shared Ministries

2875 Merrell Road
Dallas, Texas 75229
Telephone number of main office is (214)358-8700

Funds for utilities, rent, and other basic needs may be available. Employment services, career counseling, and home delivered meals for seniors may be provided.

Oak Cliff Churches For Emergency Aid

6000 S. Hampton Road
Dallas, Texas 75232
Telephone number - (214)943-7757

Oak Cliff UMC

549 E. Jefferson, Dallas, TX 75203
The non-profit can be reached at (214)943-4328

People That Care-Shady Grove Church

2129 Galveston
Grand Prairie, TX 75051
(972)262-8318

Pleasant Grove Food Pantry

Zip codes 75217, 75227, 75253
Stop by 1655 N. Jim Miller Rd. or call the phone number below.
Dallas, Texas 75217
(214)793-6317

Point View Baptist Church

110 Highway 3039
Combine, TX 75159
Telephone: (972)-476-9911

ROC Food Pantry

Must live in zip code 75040 and 75042
3375 Edgewood Drive
Garland, TX 75042
Phone number - (972)272-1002

Resource Center Of Dallas John Thomas Gay & Lesbian Community Center

2701 Reagan Street
Dallas, Texas 75219
(214)528-0144

Richardson East Church of Christ

Location - 1504 E. Campbell Road
Richardson, TX 75081
(972)231-8231
Spiritual guidance, housing, shelter, and a hot breakfast or lunch may be served.

Risen Christ Family Church

Must live in zip codes 75116, 75137 and 75237
326 E. Camp Wisdom Road
Duncanville, Texas 75116
(972)572-4477

Saint Michael The Archangel Catholic Church

950 Trails Parkway
Garland, Texas 75043
(972)279-6581
Clothing, personal goods, lunches, and information on government aid, such as the federal government The Emergency Food Assistance Program (TEFAP).

Salvation Army Corps of Garland

Must live in zip codes 75040, 75041, 75042, 75043, 75044. Will also serve residents of Rowlett 75088, and parts of Wylie and Sachse.
451 West Avenue D
Garland, Texas 75046

Salvation Army Oak Cliff Community Center

1617 West Jefferson
Dallas, Texas 75208
(214)424-7100

The Dallas Salvation Army

5302 Harry Hines
Dallas, TX 75247
(214)424-7000

All of these non-profit Salvation Army centers (see above and below) administer a number of food pantries, clothing closets, and more. Other programs include Angel Tree (for Christmas help), holiday meals, free back to school supplies, vouchers for gasoline, job training, and other self-sufficiency. More details on [Salvation Army in Dallas](#).

Salvation Army of Irving

250 E. Grauwylar, Irving, Texas 75061
Call (972)721-9503 for details on services provided.

Sharing Life Community Outreach

3544 Emporium Circle
Mesquite, TX 75150
(972)285-5819

Society Of St. Vincent De Paul

Must live in zip code 75217
1054 St. Augustine Drive
Dallas, Texas 75217
(214)410-1000

St. Vincent DePaul affiliated churches are always a great resource to call for information on assistance programs, including groceries, food, and meals. In addition, limited funding may be available for other bills. Volunteers may administer Meals on Wheels type services too.

Southwest Harvest Church-Food Pantry

201 West Center Street #301
Duncanville, Texas 75116
Telephone - (972)296-7700

St. Mark AME Zion Church-Food Pantry

Location - 2311 E. Illinois Avenue
Dallas, Texas 75216
Call (214)-376-7750
Partners and supplies local churches, soup kitchens, and feeding sites.

St. Philip's School and Community Center

Must be resident of 75210 and 75215-Community Center
1600 Pennsylvania
Dallas, Texas 75215
(214)421-5221

St. Vincent de Paul at St. Michael the Archangel Church In Grand Prairie

Church address - 2901 Corn Valley Rd., Grand Prairie, TX 75052
(972)237-6755

A number of social service programs are administered. The Society of Saint Vincent in Dallas County and around the nations may also have limited financial help for paying electric bills, rent, or medications. Other resources include free Christmas assistance, meals, and shelter.

The Bethlehem Foundation

1159 W. Camp Wisdom Road
Dallas, TX 75232
Telephone number - (214)371-3407

Urban Inter-Tribal Center of Texas

209 E. Jefferson Boulevard
Dallas, Texas 75203
(214)941-1050

Vital Impact Food Pantry

3410 S. Polk Street
Dallas, Texas 75224
Call the food pantry at (214)374-7850

West Dallas Multipurpose Center

2828 Fish Trap Road,
Dallas, Texas 75212
(214)670-6530
Can provide low cost food, groceries, and meals. Also qualified applicants can also be directed to financial assistance programs, charities, and government assistance programs.

White Rock Center of Hope

Must live in zip codes 75214, 75218, 75223, 75228 and 75238.
Address of pantry - 10021-A Garland Road
Dallas, Texas 75218
(214)324-8996

Wilkinson Center

Address - 5200 Bryan Street
Dallas, Texas 75206
(214)821-6380
A second location is also available, and that address is 10021-A Garland Road, Dallas, TX 75218. Phone number is (214)324-8996.

A number of additional food banks, churches, and pantries serve the Dallas and northern Texas region. Call 214.330.1396 for information on phone numbers, addresses, and more. The centers provide canned goods, perishable meals, and also will usually have details on local soup kitchens as well.

Help With Bills And Expenses

A local charity that offers numerous services and resources to qualified families is the Dallas Texas area **Catholic Charities** (214-389-1340). Some of the resources they offer include food aid, a thrift store, and even free tax assistance and preparation. The non-profit has several offices around the region.

Irving Cares is another non-profit charity organization that offers financial assistance. The organization has access to funding and grants to assist Dallas area and Irving residents experiencing a temporary financial crisis or hardship. Clients of the area who need help with paying their rent, mortgage, or utility bill payments must pre-qualify by phoning (972) 721-9181. In addition, they also have a food pantry on site, and also have counselors who provide jobs finding tips and advice.

Lancaster Outreach Center also offers grants for paying rent, utility bills, medical expenses, prescription drugs, and more. They also offer home repairs, gasoline vouchers, foreclosure programs, and other services. Call the agency at 972-227-0138. Find additional ways to get [help with electric bills](#).

The Bethlehem Foundation (phone (214) 371-3407) provides financial assistance and support is given to low-income families only. They can also help with an eviction or utility service disconnection. They may also be able to offer prescription medication assistance.

If you have children, and at least one family member is working or is employable, you may be eligible for aid from **Interfaith Housing Coalition**. The non-profit provides 4-6 months of family mentoring and advice, and the counseling is included with limited Rent Payment Assistance as well as gas and Electric Bill Payment Assistance. Call the Dallas agency at (214) 827-7337.

An emergency referral line has been set up in the community. This service will provide callers free information on where to seek help. Whether they need information on grant programs, child care vouchers, food, housing, or more, the service has details on many resources in Dallas County. The previous list is just an example of what information may be provided on. [More information](#).

The northern part of Dallas County is served by **North Dallas Shared Ministries**. They offer a multitude of assistance programs, including providing Bus Fare, Discounted Clothing, and access to groceries and a food pantry. In addition, qualified individuals may be able to receive Utility and Gas Bill Payment Assistance. They even offer some medical programs, such as glasses, contacts, medical exams, eye exams, and prescription medications. Dial (972) 620-8696.

West Dallas Multipurpose Center provides utility bills help (electric, water, cooling), a food pantry, rent aid, and other financial assistance. Also access a holiday assistance program, and some health screening programs. (214) 670-6530

White Rock Center of Hope provides bus fares, food pantry, rent help for people with an eviction, and funds for paying utility bills. Other support includes a thrift store with furniture or Christmas items and season assistance. The non-profit only services a limited number of zip codes. Call (214) 324-8996, or [more White Rock Center of Hope](#).

MLK serves families that live in a zip code that starts with 752. The Helpline can be reached at 214-670-8416, and they may have grants for TXU bills or vouchers to buy food. Referrals may also be given from the helpline to rent, water bill, and other financial aid programs.

Dallas Housing Authority - This government agency offers several state and federal government sponsored emergency rent and housing programs. Not only can they provide emergency grants, but they also ensure longer term self-sufficiency. Get more information on [Dallas housing assistance](#).

Movement Ministries helps with utility bills. The agency covers Desoto, Red Oak, Waxahachie, Lancaster, Glenn Heights, Dallas, Mesquite, Garland, and other nearby regions. They offer information on energy saving tips, help clients enter into payment plans, and apply for utility assistance from TXU, Direct, Gexa and others. Applicants need to be low income, be on SSDI, section 9 housing, or SSI. Call 260-693-7283 or 469-644-6704.

Emanuel Community Center Inc. of Dallas Texas provides social services to those who need help.

Irving Community Service Center - For people with an eviction or utility disconnection notice, the organization provides limited financial assistance and grants to help with rent, mortgage, water, gas and electric bill assistance. (972) 251-4054. Also read about utility disconnection laws for Texas. [More](#).

Salvation Army Of Irving - Programs include a free food and grocery pantry. In addition, the charity agency provides emergency financial assistance with paying for gas, water and electric bills. Must live in zip codes 75038, 75039, 75060, 75061, 75062 and 75063. Call (972) 721-9503

The Salvation Army also has several other centers around Dallas County. Family services, case management, and other social services are administered. Some funds may be offered to help pay the bills, but more importantly they are a great place to turn to for longer term self-sufficiency. [Click here](#) for more details.

Jewish Family Services of Greater Dallas has some resources for the general population. A key focus is on job and employment assistance. The non-profit also has some limited emergency financial assistance for bills. Other assistance includes the Family Service Food Pantry, assistance for the disabled and elderly, and free use of a Job Search Resource Center. More on [Dallas Jewish Family Services assistance programs](#).

Housing and Human Services Department, phone (972) 721-4800, runs the Homeless Prevention and Rapid Rehousing program. This is a federal government funded emergency

rent program that can provide grants to prevent an eviction, help the homeless get into a new home, and pay for such expenses as security and utility deposits. The phone number is (972) 721-4800.

Child Care - Low income families who are in job training classes or who are currently working may qualify for help in paying child care expenses. There are some program limitations, but every year thousands of Dallas families can receive financial support. [Read more Dallas Child care assistance.](#)

Several different **Catholic Charities** operate around Dallas County Texas. They include those below. The services provided range widely, and can include one or more of the following. Many locations also have on site a free food pantry that is made available to low income families. Another service offered may be a neighborhood center that can provide senior citizens aged 60 and above daily noon meals, social services, recreation, education, nutrition, welfare counseling and information and referral to state and federal government programs, as well as nurse-managed health maintenance clinics.

- **Brady Social Service Center**, 4009 Elm Street, Dallas, TX 75226, (214)826-8330
- **Cross Family Center**, 4906 Bonnie View, Dallas, TX 75241(214)376-2560
- **Marillac Social Center Catholic**, 2827 Lapsley Street, Dallas, Texas 75212 (214)638-4997

Basic needs, including clothing - Churches, non-profits, and charities provide other forms of assistance to the needy. This includes clothing, back to school supplies, furniture, Christmas gifts, personal hygiene items, and household goods. While not as common, some of these organizations may have funds for emergency bills, such as money to prevent a disconnection. [Continue.](#)

Dallas County Volunteers of America focuses on the less fortunate and low income. The non-profit offers housing solutions and other resources. A focus is on seniors, the disabled, and families with young children, however others in Texas can get assistance as well, including ex-prisoners. [Read more.](#)

Dallas County Department of Health & Human Services runs welfare and social service programs. Call the office for information on and access to financial assistance and casework for individuals and families who have health problems which prevent gainful employment and who meet other low income eligibility requirements. In addition, a limited amount of emergency assistance funds are available as well as food vouchers for the medically indigent. Address - 2377 Stemmons Freeway, Suite 201, Dallas, Texas 75207, Telephone - (214)819-1800

Assistance at Thanksgiving and Christmas - Families that are struggling to buy gifts or food for their children can get free meals, small toys and other gifts. Senior citizens are also a focus of the free Christmas programs in the area. [More Dallas holiday programs.](#)

GRACE, or Grapevine Relief and Community Exchange, may offer low income families some or all of the following. Utility assistance, including gas, free fans, electric, and water bills. Food and clothing as well as holiday food baskets, Christmas toys, and school supplies may be distributed. Emergency rental help and gasoline vouchers may also be provided. 610 Shady Brook Dr, Grapevine, Texas 76051. Call 817-488-7009

Housing Crisis Center - Various solutions are offered, including for veterans, families facing imminent eviction, as well as the homeless. Thousands of Dallas County individuals, seniors, and families are assisted every year from the programs administered.

- Eviction prevention – Free legal aid and representation from local law firms. This can include attorneys who can contest illegal eviction notices.
- Low income housing – Everything from shelters to transitional and permanent placement into a low income apartment is coordinated.
- Financial aid – This is mostly from referrals. HCC can provide assistance, including information on grants, for the payment of security deposits, first months rent, or other needs.
- Much more is available from the agency. Continue with [housing programs from Dallas crisis center](#).

Dallas County Veterans Service Office can help veterans and their immediate family members. Apply for rent help, mortgage, utilities, medical bills and prescriptions. Some programs are for the disabled too. Or learn about federal government resources for veterans. 972-692-4939

North Ellis County Outreach is for residents of Red Oak, Ferris, and Glenn Heights. Look into assistance including food, medications, rent, and utilities. Other programs include home repairs, Christmas Toy Program, and back to school supplies. Telephone number is 972-617-7261.

Metrocrest Social Services also help people apply for public assistance. Resources available include free back to school supplies, uniforms and shoes and holiday assistance. Monetary aid is for transportation (gasoline and pass passes) and housing costs (rent and utility bills).

They also partner with groups, such as Jewish Services, to help people find a new or better paying job. Another key service is their Medical loan equipment program for seniors and the disabled. Address is 13801 Hutton Dr., Farmers Branch, TX 75234. 972-446-2100, or find [Metrocrest Services assistance programs](#).

Duncanville Outreach Ministry - Provide assistance with various bills and expenses for items such as food, clothing, electricity, natural gas, water bills, monthly rent, prescription medication, and school supplies. 202 Cherry Street, Duncanville, TX 75116, Phone number - (972)296-4986

Operating Agency: Interfaith Housing Coalition runs a service known as EQUIP Homeless Prevention Ministry, which can offer transitional housing for families. In addition,

meet with a counselor for case management, budgeting assistance, employment assistance, and housing counseling. Location 5600 Ross Avenue, Dallas, Texas 75206, call (214)827-7220.

Grand Prairie United Charities – A food pantry is on site, as well as limited financial assistance. Most importantly they offer information and referral for residents of Grand Prairie. Center is located at 1417 Densman Street, Grand Prairie, TX 75051.

St. Vincent de Paul at St. Michael the Archangel Church in Grand Prairie – Get assistance with utility bills and food. 2901 Corn Valley Rd., Grand Prairie, Texas 75052, dial (972)237-6755. The location also provides assistance with utility bills and free food and groceries too.

Several other Society of Saint Vincent churches and charities operate in Dallas. They provide free food, clothing, thrift stores, and more. [Click more Dallas St. Vincent.](#)

Mesquite Social Services – Residents of Mesquite, Balch Springs, and Sunnyvale Texas can access a free food pantry which is made available. In addition, free information and referral service for all callers is offered. Financial aid is offered on a limited emergency basis too. 1035 Military Parkway, Mesquite, Texas 75149, Call (972)285-3000.

Crisis assistance and government aid - The County offers residents access to a number of financial assistance and social service type programs. Families with children, seniors, and disabled can apply for government assistance. Resources include electric bill help, foreclosure counseling, housing, rental assistance, and other services. [More on Dallas public assistance.](#)

Manna House – Programs provide clothing, free food, and limited financial assistance for paying rent, utilities, and medical bills. Also look into gas for travel to work. Other basic needs include furniture, household items, back-to-school project, Thanksgiving and Christmas project, and educational classes. Dial 972-775-1800

Salvation Army Corps of Garland Texas runs a food pantry and may be able to assist with TXU electric as well as Garland Power & Light Electric bills. Social workers will support families and provide guidance and information as well. 972-272-4531

Friendship House / First Baptist Church operates a food pantry and clothing is also available. Some electric bill help may be provided. Call 972-272-1010 for intake.

Christian Community Action offers job search, career training and placement in Dallas County. Financial assistance may be paid out for electric, water, and gas bills. Partial rent and mortgage payments may be made as well. Other resources include transportation, clothing, a food pantry and minor medical bill assistance. 200 South Mill Street, Lewisville, TX 75057. Dial 972-219-4357, or find more details on [Christian Community Action programs in Dallas.](#)

Information and referrals are available from a crisis line. No matter what the need is, whether it is information on Medicaid, affordable housing or food, the service can provide intake and referrals. Callers can get linkage to both non-profits and county run benefits. [Learn more.](#)

Community Centers partner with the City of Dallas Human Services Division. The locations may have money for utilities and also may distribute food vouchers. Apply for other government assistance such as welfare or food stamps.

The locations administer a wide variety of other emergency programs as well, such as funds for paying rent, free eyeglasses and prescription medications, or Christmas gifts and meals. The centers also coordinate job fairs for the unemployed and offer referrals. The locations are **Martin Luther King Jr.** (214-670-8418 as well as Community Center of West Dallas (214-670-6530). Continue with [emergency assistance from community centers in Dallas.](#)

Water bills in Grand Prairie region - Low income customers with a serious need for help may be able to get assistance from United Charities, which is based in the city of Grand Prairie. They run a small fund that relies on donations and the money may be offered to struggling customers, seniors, or the disabled for paying their water costs. [Find more details.](#)

Sharing Life Community Outreach offers free food, household items, clothing, limited financial assistance. Other assistance includes durable medical equipment, computer lab, medicaid and CHIP, and on-site food stamp applications. In addition caseworkers can provide other source of advice and support. Thanksgiving and Christmas as well as back to school programs are offered too. The main office is at 3544 E. Emporium Cir., Mesquite, Texas 75150, dial 972-285-5819.

Community action agency - Low income residents, the unemployed and those that are struggling can get help from the Dallas Urban League. They serve as the northern Texas regions non-profit community action agency. Numerous assistance programs and resources are available, some of which are indicated at the top of this page. However dozens of other services are available as well. [Learn more.](#)

Network of Community Ministries- Richardson Network – The non-profit agency can provide the low income and needy with access to a food pantry, prescription medications, and free clothing. Other programs offer bus tickets, gasoline, and financial assistance with paying for mortgage, rent, water, electric and gas bills for selected zip codes. Meet with a counselor for referrals for counseling, medical clinics and dental services, temporary shelter and more aid. 741 S. Sherman Street, Richardson, TX 75081, Phone number - (972)234-8880, or find how to get [financial assistance from Network of Community Ministries.](#)

Richardson East Church of Christ – Only local zip codes are supported. Call to apply for limited emergency assistance with utilities (water, electric and gas), rent, and food pantry available for selected zip codes. 1504 E. Campbell Road, Richardson, Texas 75081, (972)231-8231

West Dallas Multipurpose Center – Call for information and applications on groceries, meals, money for energy bills, and food. 2828 Fish Trap Road, Dallas, Texas 75212, Phone (214)670-6530

Christ Cares For Princeton, the Church Of Christ only supports the nearby area. Gasoline, vouchers for prescription medications, meals, and food are available. Some more basic needs, including rent and security deposit assistance, may be offered too. Location is 301 East Princeton Drive, Princeton, Texas 75407. Main Phone 972-734-3355.

Veterans Service Office, Dallas County can help clients explore government benefits, public aid, and the Department of Veterans Affairs assistance programs. Some of the resources available may be pension, hospitalization, job search assistance, burial benefits, help in filing life insurance claims, state Veterans Land Board loans, and referrals to other Dallas Texas agencies. 214-819-1885

HUD - Dallas Housing Authority runs the low income, section 8 housing choice voucher program. This is for very low income families, and there is usually a waiting list. There may also be loans issued to help pay for a portion of rent. Other similar HUD programs can help senior citizens and the disabled with their rental expenses. 801 Cherry ST, Dallas, TX 75202-5032. Main number is 817-978-5600.

Federally funded programs address challenges faced by **tenants as well as the homeless**. Money may be provided to pay rental arrears to keep a family housed and other living expenses. Non-profits in the county are allocated funds every year in an effort to stop or limit homelessness from occurring. [Read Dallas County eviction and rehousing.](#)

Assistance for the disabled can be provided by the Dallas County AAA. Referrals, home care, information on financial assistance and other resources are available. Both the individual with the disability as well as their caretaker can look into help. Call 800-548-1873, or [click here](#).

Housing, shelter, and low income units can help families and individuals in Dallas that were evicted or who are homeless. Several organizations provide access to transitional and low income housing. This can include apartments, temporary homes, and more. Also work with a case manager to find a long term solution and explore financial assistance programs for paying rent, moving costs, and deposits. [Read Dallas low income housing units.](#)

Plumbing repairs and water bills - The main water company in the Dallas County region offers qualified customers payment plans on their bills and provides repairs to their plumbing systems. Income qualifications need to be met by applicants. Read more on the [Dallas water bill assistance](#) programs and services.

Tens of thousands of Dallas residents face eviction every year. The need for **rent assistance** is one of the most requested services in the area. Find an extensive listing of rent assistance and eviction prevention programs. [Click here.](#)

Notes

Need to Report Abuse?

- If you have an emergency call 9-1-1.
- Submit a report by calling the hotline at **1-800-252-5400**, or
- Report online at <https://www.txabusehotline.org>

Phone Contacts

State Office	512-438-4800
Report abuse or neglect <i>External Link</i>	1-800-252-5400 <i>from across the United States</i>
Texas Youth Hotline	1-800-989-6884
Texas Adoption Resource Exchange (TARE)	1-800-233-3405
Foster Care or Adoption	1-800-233-3405
Office of Consumer Affairs	1-800-720-7777 <i>submit questions or complaints</i>

Address

Texas Department of Family and Protective Services

701 W. 51st Street
Austin, Texas 78751

P.O. Box 149030
Austin, Texas 78714-9030

Websites

A Guide for Those Aging Out of Care in Texas

<http://www.texasfosteryouth.org/downloads/agingout.pdf>

Aging Out Of Foster Care

<http://texasfosteryouth.org/legal-resources/legal-resources-for-youth/aging-out-of-foster-care/>

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